



LOG, HALO & RAFO

Present the Lincolnshire Bomber 2009

25th/26th April 2009

Saturday 25th April:- Relays – Riseholme

Format: Team of Three with Leg Lengths of 2.5km, 3.5km and 4.5km.

Sunday 26th April:- L3 Event (Colour Coded) – Mausoleum Woods, Great Limber

Format: Full complement of colour-coded courses (White – Brown)

Sunday 26th April:- Long 'O' Event – Pillar Woods to Mausoleum Woods

Minibus from assembly area at Mausoleum Woods to the start at Pillar Woods.

Format: Full-on woodland orienteering, very runnable. Approx 20km with 200m climb.

Entries for all events preferred on the FABIAN4 Online System, online entries close at Midnight on Sunday 19th April 2009.

Postal entries for all events on SEF to: Liam Harrington, 11 Gleneagles Grove, Washingborough, Lincoln, LN4 1SS, to be received by Saturday 18th April 2009. Cheques payable to LOG

Entries on the day for Relays and Long "O" subject to map availability

Entries on the day for L3 as per normal

Directions for Riseholme: Grid Ref: SK981757. Event will be signposted from the A15 & A46.

Directions for Mausoleum Woods: Grid Ref: TA134097. Event will be signposted from the A18.

Maps:	Relays	1:5000
	L3	1:10000
	Long 'O'	1:10000

Course Times:	Relay	Registration: 10:00 - 10:20, Mass start at 10:30, Close 14:00.
	L3	Registration: 10:00 - 12:00, Starts 10:30 - 12:30, Close 15:30.
	Long 'O'	Registration: 09:00 - 12:00, Starts 10:00 - 13:00, Close 15:30.

Fees:	Relays	£9.00 per team, £12.00 on the day.
	L3	£7.00 (£5.00 for BOF members), £2.00 Juniors.
	Long 'O'	£10.00, £12.00 on the day (No BOF discount)
	SI Dibber hire	£1

Facilities:	Riseholme	Car Parking Free, toilets available
	Mausoleum	Car Parking £1, toilets available

Results: Results will be displayed at www.lincsbomber.co.uk

Prizes: For winners of relay and first male and female on the long "O".
Memento for all Long "O" entrants

Organiser: Relays: Sean Harrington: Tel: 01522 791344 / e-mail: sean@logonline.org.uk
Long "O" & L3: John Fulwood: Tel: 01507 466314 / e-mail: johnfulwood@supanet.com

www.lincsbomber.co.uk